

Contemporary Issues in Food and Nutrition

FCS 321-321L Fall 2008

Tentative Schedule

Class	Date	Lecture	Lab	DUE
1.	8/26	Orientation, Food, Culture in America, Melting Pot, Cultural Issues in Meal Planning	Introduction to assignments, computer, case studies, menu/recipe modifications	
2.	9/2	Nutritional Guidelines and other tools in meal planning	Menu planning work session: Work on Food Guide Pyramid	Share preliminary meal plans, 4 recipes per person.
3.	9/9	Introduction to Issues Assignment: Any topic from Nutrition 08/09 Issues sign up	Work session for Meal Plan Assignment.	Preliminary meal plans (20 pts.) One/team Bring Cultural Foods book
4.	9/16	Considerations in Nutrition; nutritional evaluation; how to read printouts	Computer Work Session	Completed recipe analyses (Not to turn in)
5.	9/23	Nutrient quiz (50 pts.)	Computer work session; nutrients to highlight; FOOD COSTING	BRING CULTURE BOOK Intercultural communication
6.	9/30	Writing a Wrong – letters to legislators	Food and Nutrition Laws, regulations, policies; QUESTIONS RE: ISSUES? Work Session: Food costing	We will begin to write letters to legislators; All MP assignment FP printouts <i>should</i> be done.
7.	10/7	Food costing	Evaluation of Food Costs	Email legislative letters to me (10 pts.)
8.	10/14	Food Costing Quiz (50 pts.)	Putting project together. (Email recipes to me.)	Bring your MP projects – to work on ALL parts
9.	10/21	Brief Oral Presentations of Cultural History of Foods	Cultural Food exchange/ Celebration SPICE Yeprem ext 4177 (9:15)	A dish from your cultural project and the recipe
10.	10/28	Food Trends in America; Contemporary Issues	Issues work session	Final Meal Plan project (100 pts.)
11.	11/4	Issues work session	Issues work session	TOPIC HIGHLIGHTS
12.	11/11	<i>Veterans' Day</i>	<i>No class meeting</i>	
13.	11/18	Table Appointments	Issues work session/Review	
14.	11/25	Issues Presentations	Issues Presentations	
15.	12/2	Issues Presentations	Issues Presentations	Issues project due (75 pts.)
16.	12/9	Table Appointments Quiz (50 pts.)		Last day to submit legislator responses

***Final exam: Thursday, December 11th, 8:00-10:00 AM**